

## Tae Guek 2

### *E-Jong*

*To earn Green Belt*

#	+	Move	Stance	Action
1	W	CCW (90*)	L walking	L-down block
2		Forward	R Long	R-middle punch
3	E	CW (180*)	R walking	R-down block
4		Forward	L Long	L-middle punch
5	N	CCW (90*)	L walking	R-inside middle block
6		Forward	R walking	L-inside middle block
7	W	CCW (90*)	L walking	L-down block
8		Forward		R-high front kick
		Land	R Long	R-high punch
9	E	CW (180*)	R walking	R-down block
10		Forward		L-high front kick
		Land	L Long	L-high punch
11	N	CCW (90*)	L walking	L-high block
12		Forward	R walking	R-high block
13	E	CCW (270*)	L walking	R-inside middle block
14	W	CW (180*)	R walking	L-inside middle block
15	S	CCW (90*)	L walking	L-down block
16		Forward		R-front snap kick
		Land	R walking	R-middle punch
17		Forward		L-front snap kick
		Land	L walking	L-middle punch
18		Forward		R-front snap kick
		Land	R walking	R-middle punch <Yell!>
	N	CCW		Pull left foot to the right, into Attention.

# = Counts, + = Direction, CW = Clockwise, CCW = Counter-Clockwise, \* = Degrees